

LIBERTY CATERING

No. 52.
BY MAUI WOMEN

A Department Of Domestic Economy Intended To Serve A Patriotic Purpose In Conserving Food Needed By The Allied Armies In Europe

MAUI PORTUGUESE

MAKE FINE BREAD

The Portuguese women of Maui, particularly of the Paia district, have made much progress in the use of wheat flour substitutes. Mrs. A. C. Bowdish, chairman of the food conservation committee of Maui, states that some of the very best wheat bread she has seen is now being produced among the Portuguese element of the community.

The following several recipes are furnished by women who are among the best bread makers in the county:

Potato Yeast For War Breads

Take one good sized potato, grate, add 2 tb sugar and a little left over yeast from last baking; add ½ pt. water, let it stand for about 3 hrs.; grate 4 good sized potatoes, add to yeast with 4 heaping tb. sugar, 1 heaping tb. salt and 1 qt. water. Let it stand over night.

Mrs. M. S. De Ponte, Paia.

Corn Bread

Use equal parts of corn meal and wheat flour, add 1 qt. potato yeast, (salt and sugar have been added to the yeast). Add water as needed, knead into a loaf, when light put in pans and let rise for about 1 hr. Bake about 1 hr. in moderate oven.

Mrs. John F. Rodrigues, Paia.

Portuguese Barley Bread

To make the yeast, grate 2 big potatoes, add ½ tb. salt, 1 tb. sugar, 1 pt. cold water, and yeast and let stand over night.

To make the bread, 1 sifter barley flour and 3 sifters wheat flour, 4 heaping tb. sugar, salt to taste, 1 pt. yeast, add sufficient water to knead. Let rise until light, knead into loaves when light bake for about 1 hr.

Mrs. Bruchal, Paia.

Wheat Barley And Rice Bread

Two level c. wheat flour, 2 heaping c. barley flour, 1½ c. rice flour, 2 tb. sugar, 1 t. salt, 1 c. potato yeast.

Sift all the dry ingredient together add the yeast and knead with enough water to make a stiff dough. Let it rise, make it into loaves, let it rise again until the pans are almost full. Put it in the oven and bake for 1 hr. and 15 min.

Mrs. Manuel Nunes, Jr., Paia.

Hominy Muffins

One egg, 1 c. milk, ½ c. corn meal, ½ c. barley flour, ½ c. cooked hominy 1 t. syrup or honey, 1 t. baking powder, 1 t. salt. Scald milk and pour over meal, add hominy, flour, fat and honey or syrup. Beat well and bake 20 min. This makes 10 large muffins. Thinned to the right consistency makes good griddle cakes.

Mrs. J. P. Foster, Hamakua.

War Time Muffins

One egg, 1 c. sour milk, 1 tb. sugar, 1 t. salt, ½ tt. soda, 2 t. baking powder, 1 c. barley flour, 1 c. rye flour, 1 tb. fat. Beat the egg, add the sour milk, add the dry ingredients sifted together and last the melted fat. Beat well and bake 30 min in a moderate oven.

Note: May use water or sweet milk, in that case omit the soda and use 3 t. baking powder.

Note: For a change use 1½ c. barley flour and ½ c. rice flour, or use 1 c. rye or barley with 1 c. of corn flour or corn meal.

Mrs. A. C. Bowdish, Paia.

DO YOU KNOW?

It's a wise woman who knows how much six ounces of wheat really amounts to. If just for once we weighted the ingredients of everything we made, and everything which went on the table, the truth would amaze us.

It has been estimated that if each individual uses not more than six ounces of wheat per day the amount saved will go far towards supplying

the lack in Europe. We know in a vague way that a one-pound loaf of bread contains practically ¾ of a pound of flour or 12 ounces.

Instead Of Yeast Bread

Why not try a week without any yeast bread? It is easy to mix up these corn and barley breads and they are more patriotic than yeast bread, because they use No wheat.

Barley Baking Powder Biscuits

2 cups barley flour.
½ teaspoon salt.
4 teaspoons baking powder.
3 tablespoons fat.
½ cup milk.

Sift the dry ingredients together, rub in the fat, and add the liquid until a soft dough is formed. Roll to about ¼ inch thick, cut with a cookie cutter and bake in a hot oven.

Corn Dodgers

1½ cup boiling water.
2 cups cornmeal.
1 teaspoon salt.
2 teaspoons fat.

Pour the boiling water over the other materials. Beat well. When cool, form into thin cakes and bake 30 minutes in a hot oven. Make 14 biscuits. These crisp biscuits are good with butter or gravy. Eat them with your meat and vegetables. Use them instead of bread.

Oats Cakes

1 cup oatmeal.
Little warm water.
Pinch salt.

Mix the oatmeal, warm water and salt together into a firm dough. Do not roll out but pat it with your hand into a thin, flat cake. Then sprinkle the top with oatmeal flour and toast in front of the fire.

Three Cake Recipes

Corn (Flour) Sponge Cake

1 cup corn flour.
1 cup sugar.
4 eggs.
2 tablespoons lemon.
½ teaspoon salt.

Bake in an ungreased pan for 35 to 40 minutes. Start in a moderate oven and when about half done raise the temperature to that of a hot oven.

Methods of Mixing Sponge Cakes:

Separate whites and yolks. Beat the yolks until thick and light lemon color. Beat sugar into the stiffened yolks, and add the lemon juice. Fold in alternately the stiffly beaten whites and flour.

Chocolate Cake

Corn Flour—Ground Rolled Oats

½ cup fat.
½ cup sugar.
1 cup syrup.
3 eggs.
¾ cup milk.
1 teaspoon salt.
2 cups corn flour.
½ cup ground rolled oats.
6 teaspoons baking powder.
1 teaspoon cinnamon.
2 squares chocolate.
1 teaspoon vanilla.

Spice Cake—100% Barley Flour

½ cup fat.
½ cup sugar.
1 cup syrup.
3 eggs.
¾ cup milk.
1 teaspoon vanilla.
½ teaspoon ginger.
6 teaspoons baking powder.
1 teaspoon salt.
1 teaspoon cinnamon.
½ teaspoon cloves.
1 teaspoon allspice.
¾ cups barley flour.
1 cup raisins.

Method: Cream the fat, sugar and egg yolk. Add the sirup and mix well. Add alternately the liquid, and the dry ingredients sifted together. Add the flavoring and fold in the well beaten egg whites. Bake for one hour in a moderate oven. After twenty minutes raise the temperature to that of a hot oven.

BUY WAR SAVINGS STAMPS.

Maui High's Third Class Is Gruated

(Continued from Page One.)

she interestingly traced the progress of civilization down to the present time, showing how the peoples of the world are being brought closer and closer together.

Miss Robinson's contribution to the program was a beautiful little song, which was most effective and much appreciated.

Miss Miyo Yoshizawa, in her essay on "Sapientism" gave a very interesting and carefully prepared explanation of ethical code of the Japanese people and showed how something of the part it has played in the growth of the development of the nation.

"The Moral and Intellectual Development of the Hawaiians" was the theme of Mr. Kapohakimohewa. It showed a race had been able to rise from barbarism to a place of respect in the world of nations within a few generations due to the influence of a changed environment.

Miss Lindsay's "Class Prophecy" was a humorous flight into the realms of imagination in which her classmates were the subjects of some very remarkable activities. If they all live up to the prediction of Miss Lindsay there will certainly be no common-place members of the Class of '18.

"Women and the War" was the subject of Miss Well's essay, and was an inspiring and instructive dissertation on the part women has had in wars in general and the place she is filling so nobly in the present great struggle.

Service Flag Unfurled

An impressive feature of the evening was the unfurling of a service flag presented to the school by the graduation class. The flag bears seven stars representing members of the class who had heard the call of the nation and are now serving under the Stars and Stripes in various places. Mr. Linton, who unfurled the flag, told of the part the Maui High School through its students are playing in the war. His address was eloquent and patriotic, and of especial interest to almost every person present.

The stars on the flag stand for—Douglas Wells, Herbert Wells, Crayton Sauer, Sanford Walker, Jack Walker, Bertram Aiken, and Donald Brown.

Real Diplomas Given

The diplomas of the graduates were presented by the Rev. E. E. Pleasant, who in a short address took occasion to assure the class the diplomas were genuine and without camouflage of any kind. The occasion for this was the fact that it had first been announced that the diplomas would not be issued as such until some weeks after the commencement in order that the grading of the final examination papers might be checked up. The protests from all over the Islands evidently had its effect for through special effort the grading was completed before the commencement and all of the members of the class passed.

Following the presenting of the diplomas, the members of the class were almost buried in floral tributes sent upon the stage by their friends.

Dance Saturday Evening

The graduating dance at the Community House on Saturday evening, following the commencement was a delightful finish to the school year. It was attended by a large number of Maui people.

A soldier in camp longs to keep in touch with things at home. He will be grateful to you for a year's subscription to the MAUI NEWS—\$2.50.

K. MACHIDA Drug Store

ICE CREAM
The Best in Town
And a Up-To-Date Soda Fountain
Give Us a Trial
MARKET STREET, WAILUKU.

AT THE THEATERS

Some excellent pictures are booked for the local play houses for the coming week. Starting with Saturday there will be the Paramount "Love Letters" with Dorothy Dalton, William Farnum the famous star in the big play "THE PRICE OF SILENCE" and Margaret Clarke in the special Paramount picture, the "SEVEN SWANS." The trade papers says this is one of her finest pictures. There are also booked 15 acts of vaudeville from the other side of the island, the Lahainakilo Church restoration benefit. This is a splendid performance and given for a very worthy cause, the restoration of this famous church on its 60th anniversary.

The following is a resume of some of the pictures to be shown this week for dates of showing see new calendar in advertisement.

William Farnum in the "PRICE OF SILENCE" is a story of the South following the Civil War period, during the days of the carpet-baggers, and up to the present time showing the conditions of the workers in the factories. There is plenty of room for William Farnum to show his great acting ability which he does splendidly.



Charles Ray in Triangle Play, "The Cloodhopper."

"LOVE LETTERS," a Paramount with Dorothy Dalton, produced by Thomas H. Ince is a story of a love letter that showed up and made considerable trouble. The incidents are new and novel. The picture is a real treat as portrayed by Miss Dalton, who will be remembered for many fine pictures, including the Paramount, "THE PRICE MARK."

Margaret Clarke in the star Paramount "SEVEN SWANS" is a picture for children from the age of six to sixty years. Margaret Clarke is always splendid and here she is at her best. With her seven little brothers that are turned into swans it is her task to get them back into human beings again. The Seven Swans has a great supporting cast and every foot of the film is a delight. The picture received high praise from the reviewers, who declared that it was the best she had made.



Harry Morey and Corinne Griffith in "Who Goes There."

The Lahainakilo Church Benefit will be at the theaters as follows: Monday, July 8th, Wailuku Orpheum; Tuesday, July 9th, Punaene; Wednesday, July 10th, Kahului; Thursday July 11th, Paia.

LABOR SHORTAGE MAY REDUCE SUGAR CROP 50,000 TONS

Unless some way is found to recruit the ranks of plantation laborers to replace the men called out by mobilization of the guard and the draft Hawaii's sugar crop for 1920 will run 50,000 tons less than this year, according to estimates of sugar men. The 1919 crop will feel no ill effects of the shortage, as it is now in good growing condition, but with fewer men to cultivate the cane next year a shortage in 1920 is anticipated.

Every effort will be made by the plantations to double up on their working program by extending the hours of labor and reducing holidays and time off.—Star-Bulletin.

Elsie (aged five)—I do hope some Dutchman will marry me when I grow up.

Aunt Mary—Why dear?
Elsie—Because I want to be a dutchess.

THE HOME OF THE Steinway and Starr PIANOS



We have a large stock of Inside Player Pianos at fair prices and easy terms. We take old pianos in exchange.

Thayer Piano Co., Ltd.
HONOLULU, HAWAII.

BY AUTHORITY

SEALED TENDERS

Sealed tenders will be received at the Office of County Clerk, County of Maui, Territory of Hawaii, until 2:00 P. M. Friday, July 12th, 1918 for the construction of 4 one-room bungalow school buildings at the Kamehameha III School at Lahaina, Maui, and 1 one-room bungalow school building at Kaunakakai School, Kaunakakai, Molokai.

The Board of Supervisors reserves the right to reject any and all tenders.

Plans and specifications and blank proposals are on file at the Office of the County Engineer.

A deposit of \$5.00 is required for each set of plans and specifications.

By Order of the Board of Supervisors within and for the County of Maui.

WM. F. KAAE,
County Clerk, County of Maui.
(June 28; July 5.)

No broken points—no bother of re-sharpening

EVERSHARP Perfect Point Pencils

Do not require sharpening; they are self-sharpening. The Eversharp is not a toy, or a novelty, or a clutch pencil; but a scientifically constructed writing instrument.

Serviceable, elegant pencils, very useful gifts. Can be had in Silver and Gold.

PRICE \$1.00 TO \$5.00.

HAWAIIAN NEWS CO., LTD.

BISHOP STREET
HONOLULU, T. H.

LODGE MAUI, NO. 984, A. F. & A.



Stated meetings will be held at Masonic Hall, Kahului, on the first Saturday night of each month at 7:30 P. M.

Visiting brethren are cordially invited to attend.

F. V. PEACOCK, R. W. M.

JAMES CUMMING, Secretary.

ALOHA LODGE NO. 3 KNIGHTS OF PYTHIAS.



Regular meetings will be held at the Knights of Pythias Hall, Wailuku, on the second and fourth Friday of each month.

All visiting members are cordially invited to attend.

H. S. PERRY, C. C.

J. C. BLAIR, K. R. & S.

COURT VALLEY ISLAND NO. 9239 ANCIENT ORDER FORESTERS

Regular meetings will be held at Moose Hall, Kahului, on the first and third Thursday of each month, at 7:30 P. M.

All visiting members are cordially invited to attend.

CARL E. N. ROSE,

Financial Secretary.

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Cooks the entire meal. Bakes and roasts brown. The toughest old rooster that ever crowed made tender when cooked on the

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Single Compartment... \$15.00 each
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HONOLULU.

---at the Theatres this week!

	SATURDAY JULY 6	SUNDAY JULY 7	MONDAY JULY 8	TUESDAY JULY 9	WEDNESDAY JULY 10	THURSDAY JULY 11	FRIDAY JULY 12
WAILUKU ORPHEUM	PARAMOUNT "LOVE LETTERS" Dorothy Dalton Fox Comedy	VITAGRAPH "WHO GOES THERE" "Stingaree"	VAUDEVILLE Lahainakilo Church Benefit Comedies	FOXFILM WILLIAM FARNUM "Price of Silence" Comedies	PARAMOUNT Margaret Clarke in "Seven Swans" "Vengeance and the Woman" Pathe News	METRO "LIGHT OF HAPPINESS" "Fatal Ring" Pathe News	TRIANGLE "THE CLOODHOPPER" Chas. Ray "Their Weak Moment"
KAHULUI THEATRE	PARAMOUNT "LOVE LETTERS" Comedies	NO SHOW SUNDAY	FOXFILM WILLIAM FARNUM "Price of Silence" Comedies	PARAMOUNT Margaret Clarke in "Seven Swans" (Special) Sennett Comedy	Big VAUDEVILLE Show Benefit Lahainakilo Church Restoration Pathe News	TRIANGLE "THE CLOODHOPPER" with Chas. Ray Pathe News	METRO "LIGHT OF HAPPINESS" Comedies